

Ogemaw County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

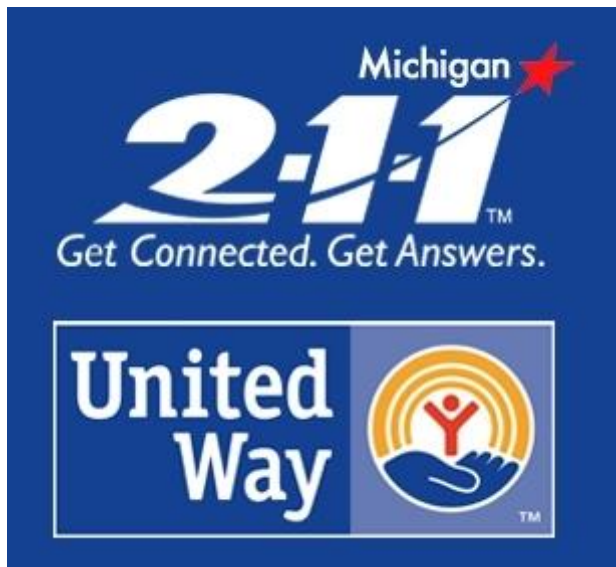
2023

Ogemaw
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL	911
Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line – Pontiac Mi	(800) 231-1127
Equality Michigan – Detroit MI	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBTQ Hotline	(877)-565-8860
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic and Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Northern Michigan Children’s Assessment Center – Roscommon	(989) 275-7145
Ogemaw County Human Services – West Branch	(989) 345-5135
RAINN (Rape & Incest National Network)	(800) 656-4673
River House Crisis Shelter	(888) 554-3169
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
Third level Crisis Line	(800) 442-7315
Victim Connect Stalking Hotline	(855) 484-2846

ADULT AGING SERVICES

Department of Human Services – West Branch	(989) 345-5135
Disability Network Mid-Michigan	(989) 835-4041
Elder Law of Michigan	(866) 400-9164

HAP Medicare Advantage	(800) 868-3153
Meals on Wheels	(800) 632-7334
Medicare Helpline	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Ogemaw Commission on Aging – West Branch	(989) 345-3010
Region 9 - Area Agency on Aging (NEMSCA)	(989) 358-4661
Social Security Administration	(800) 772-1213
Tri-County Office on aging/Elderly Care Services	(517) 483-7205

Assisted Living

Horizon Senior Living – W. Branch	(989) 343-9404
The Brook of West Branch	(989) 343-1400
West Branch Manor – Elder Care	(989) 726-5003

DISABILITY & SPECIAL NEEDS

RESOURCES

Autism Society of MI	(800) 328-8476
Children’s Special Health Care Services	(800) 359-3722
Department of Human Services - West Branch	(989) 345-5135
Disability Network of MI	(800) 782-4160
<i>www.dnmichigan.org/cil-directory</i>	
Do-All, Inc.	(989) 894-2851
Epilepsy Foundation of Michigan	(800) 377-6226
GiGi’s Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Mich. Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
Michigan Dept. Of Ed. – Office of Special Education – Lansing	(888) 320-8384
Michigan Rehabilitation Services- Northern Michigan District	(877) 901-9179
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America	(800) 638-6782
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
United Cerebral Palsy of MI	(800) 828-2714

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767

Center for Disease Control & Prevention (CDC)	(800) 232-4636
MI DNR West Branch Field Office West Branch	(989) 345-0472
Lupton Fire Department	(989) 345-9911
Ogemaw County EMS	(989) 345-4503
Ogemaw Fire Dept. – West Branch	(989) 345-3444
Michigan Poison & Drug Info	(800) 222-1222
Rose City Area Fire Dept. <i>rosecityareafire@gmail.com</i>	(989) 685-2339 (Voice & Fax)
Goodar Twp. Volunteer Fire Dept. South Branch	(989) 257-3455
Suicide Prevention	(800) 273-8255

FINANCIAL ASSISTANCE

DHS - Ogemaw County	(989) 345-5135
MSHDA: Step Forward	(866) 946-7432
NEMCSA Family Self-Sufficiency	(989) 358-4653

Employment Assistance

Unemployment Office Hotline	(866) 500-0017
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FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
Department of Human Services - West Branch	(989) 345-5135
East Central Bay Region	(231) 947-7286
First United Methodist – West Branch	(989) 345-0210
Food Bank Council of Michigan (Pantries) www.fbmic.org/resources/find-a-food-bank	
Meals on Wheels	(989) 345-3010
NEMSCA	(989) 358-4700
Ogemaw Commission on Aging	(989) 345-3010
Ogemaw Hills Church - Side Door Food Pantry – West Branch	(989) 345-2260
Prescott	(989) 873-5797
Saint Francis Center – Prescott	(989) 873-4462
St. Vincent de Paul Thrift Stores:	
Strawberry Patch Thrift – Mio	(989) 826-1503
Trinity Episcopal Church – West Branch	(989) 345-0493
We Care Shop – Saint Helen West Branch	(989) 808-1302 (989) 345-0779
WIC	(800) 942-1636

HEALTHCARE SERVICES

Center for Disease Control & Prevention	(800) 232-4636
Children Special Healthcare Services	(800) 359-3722
District Health Department No. 2	(800) 504-2650
Michigan HIV/STD Hotline	(800) 872-2437
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute Laboratory	(800) 527-6266 (989) 345-8138
McLaren Bay Region/Hospital	(989) 894-3000
McLaren ER – West Branch	(989) 516-5075
McLaren Home Care	(866) 323-5974
McLaren Primary Care – Alger	(989) 873-5323
McLaren Primary Care – Rose City	(989) 685-2333
McLaren Primry Care – W. Branch	(989) 345-1184
McLaren Woodland Evergreen Clinic – W. Branch	(989) 345-7000
Medical Arts Center - West Branch	(989) 343-3220
MyMichigan ER – W. Branch	(989) 343-3193
MyMichigan Health Park – W. Branch	
MyMichigan Lab – West Branch	(989) 343-3179
MyMichigan Med. Center – West Branch	(989) 345-3660
MyMichigan Wound Care – West Branch	(989) 343-3790
Ogemaw Clinic - Prescott	(989) 873-6200
Ogemaw Hills Free Clinic – West Branch	(989) 345-7880
Options Resource Clinic – West Branch: Free Pregnancy/STD Tests Primary Care	(989) 345-7398
Sterling Health Centre – West Branch	(989) 343-9466
Urgent Care/X-ray	(989) 345-8130

Dental Resources

Berns, Jonathan S DDS – W. Branch	(989) 345-0802
Dental Clinics North – Medicaid enrollees, low-income & uninsured West Branch, MI	(989) 343-1496
Dental Lifeline Network – Donated Dental Services – Permanent disability, age 65 & meets income requirements	(517) 347-6994
Rose City Dental – Craig T. Thorson	(989) 685-8668
Shortt Dental – West Branch	(989) 345-0185

Smile Programs – The Mobile Dentists - For schools	(888) 833-8441
St. Helen Family Dentistry	(989) 389-4931
Sterling Area Dental Clinic – Alger	(989) 873-5152
West Branch Family Dentistry	(989) 345-7750

Hearing Assistance

Beltone Skoric Hearing – West Branch	(989) 793-7620
Hear Michigan Center – West Branch	(989) 726-1540
HearUSA – West Branch	(866) 391-2313
Relay Center for Deaf/Hard of Hearing	7-1-1

Medical Equipment & Loan Closets

ABC Medical Supply – W. Branch	(989) 345-1118
Adaptive Environments – Lifts	(800) 355-5438
ALS of Michigan – Durable medical equipment for patients with ALS	(800) 882-5764
American Homepatient	(989) 345-7813
Carelinc Med. Equipment – West Branch	(989) 345-7090
Disability Network Northern MI	(231) 922-0903
Michigan CPAP Bank - CPAP, BiPAP, ASV, AVAPS & supplies Ann Arbor MI	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
National Federation of the Blind	(888) 882-1629
Northern Michigan Veteran's Coalition	(989) 272-3855
Ogemaw Hills Free Clinic, supplies, based on availability	(989) 345-7880
Orthotech Orthopedic – West Branch	(989) 343-0999
Paralyzed Veterans of America – Mich. Chapter- Mobility supplies	(800) 638-6782
United Cerebral Palsy Michigan – Assistive Technology Fund	(800) 828-2714
Wright Brace & Limb – West Branch	(989) 343-0300

Mental Health & Counseling Services

ABA Pathways – West Branch	(989) 701-2061
AuSable Valley After Hours Crisis	(844) 865-5569
AuSable Valley Community Mental Health – W. Branch	(989) 345-5571
Blooming Consultants – Hale	(989) 728-2364
Boys Town National Hotline	(800) 448-3000
Catholic Human Service – W. Branch	(231) 947-8110
Common Ground Crisis Line	(800) 231-1127
J.M.T Counseling – West Branch	(810) 479-5074
Mich. Narcotics Anonymous	(800) 230-4085
Mich. Problem Gambling Helpline	(800) 270-7117

National Alliance on Mental Illness	(800) 950-6264
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Hotline	(888) 373-7888
Shanda Berdan Counsel – Rose City	(800) 656-4673
Stop It Now! Helpline	(888) 773-8368
Substance Abuse & Mental Health	(800) 662-4357
Suicide Prevention Lifeline	(800) 273-8255

Substance Abuse

Alcoholics Anon. – Houghton Lake	(866) 227-0015
AuSable Valley CMH Services	(989) 345-5571
CDC Hotline	(800) 232-4636
Mich. Narcotics Anonymous	(800) 230-4085
Northern Mich. Regional Entity	(800) 834-3393
Substance Abuse & Mental Health	(800) 662-4357

Urgent Care

MyMichigan Urgent Care – West Branch	(989) 345-8130
MyMichigan Urgent Care – Gladwin	(989) 246-9430
MyMichigan Urgent Care – Houghton Lake	(989) 422-2181
Sterling Area Health Walk-in Clinic (With Insurance approval)	(989) 654-2491

Vision Assistance

Eye Care America – Seniors Program & Glaucoma Program	(877) 887-6327
Michigan Commission for the Blind Vocational Rehabilitation	(800) 292-4200
Ogemaw Eye Institute – West Branch	(989) 345-8113
Sight for Students (VSP) – Under age 19 & low income	(888) 290-4964
SVS Vision – West Branch	(989) 345-3680
Walmart Vision Cen. – West Branch	(989) 343-9766
West Branch Eyecare – West Branch	(989) 345-2020

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Consumers Energy	(800) 477-5050
Department of Human Services	(989) 345-5135
Department of Human Services	(989) 345-5135
DTE Energy	(800) 477-4747
Griffin Place Apartments	(989) 345-7112
Habitat for Humanity – Gladwin	(989) 426-3078
HUD Rental Assistance	(800) 569-4287
Maplewood Manor	(989) 345-0282
MSHDA: Step Forward	(866) 946-7432

NEMCSA – Northeast Michigan Community Service Agency	(989) 356-3474
NEMCSA Rental & Homelessness	(989) 356-3474
Ogemaw Commission on Aging	(989) 345-3010
Ogemaw Hills Apartments	(989) 701-2393
Ogemaw Home Improvement	(989) 345-5390
Ogemaw Housing Dept.	(989) 345-5390
Sleepy Oaks Apartments	(989) 701-2393
The Heat and Warmth Fund	(800) 866-8429
The Salvation Army	(810) 232-2197
Town & Country Apartments	(989) 685-8056
USDA Rural Development	(517) 324-5190
Veterans TOLL Free number	(800) 642-4838
https://www.va.gov/contact-us/#call-us	
Wilkens Creek Apartments	(989) 685-2478

Emergency Shelters & Warming Centers

Lydia's Gate - Mio	(989) 826-5588
River House Shelter – Grayling	(989) 348-3169

LEGAL ASSISTANCE

Catholic Human Servs – West Branch	(231) 947-8110
Center for Civil Justice	(800) 724-7441
Elder Law of Michigan	(866) 400-9164
Legal Services of Northern Mich. – Houghton	(906) 482-3908
Mich. Department of Civil Rights	(800) 482-3604
Michigan Immigrant Rights Center	(734) 239-6863
Michigan Indian Legal Services	(231) 947-0122
Michigan Veterans Affairs Agency	(800) 642-4838
Nawrocki Center for Elder Law	(989) 418-3500
Ogemaw County Office of Veterans Affairs	(989) 345-5170
River House, Inc.	(888) 554-3169
Social Security Administration	(800) 772-1213
Veteran's Toll-Free Number	(800) 642-4838

LIBRARIES

Ogemaw East Branch Library	(989) 873-5807
Skidway Lake Branch Library	(989) 873-5086

PARENTING/PREGNANCY RESOURCES

Child & Family Services of Northeast Michigan	(989) 356-4567
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Child Safety Seat Inspection – West Branch	(989) 345-0956
Children's Special Health Care Services	(800) 359-3722
Department of Human Services – West Branch	(989) 345-5135
LA LECHE	(800) 525-3243
Life Choices Resource Center	(989) 345-3909
Michigan Alliance for Families	(231) 715-1503
MSU Extension	(989) 345-0692
National Runaway Safeline	(800) 786-2929
NEMCSA – Northeast Michigan Community Service Agency	(989) 356-3474
Office of Women's Health	(800) 994-9662
Options Resource Clinic	(989) 345-7398
WIC	(800) 942-1636
Women's Resource Center of Northern Michigan	(800) 275-1995

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association & Helpline	(800) 272-3900
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends - Parent's Grief Group	(877) 969-0010
Disability Network of MI	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan – Detroit MI	(313) 537-7000
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism & Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
WIC - District Health Department #2 – West Branch	(800) 504-2650
Women's Health Resource Line	(800) 994-9662
www.dnmichigan.org/cil-directory	

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Auto Safety Hotline	(888) 327-4236
Child Safety Seat Inspection	(866) 732-8243
Karmanos Cancer Institute	(800) 527-6266
Ogemaw Commission on Aging	(989) 345-3010
Ogemaw County Public Transit	(989) 345-5790

TRIBAL SERVICES

Civil Rights Department - Lansing	(517) 335-3165
Little Traverse Bay Band of Odawa Indians	(231) 242-1400
MI Indian Employment & Training	(800) 591-8820
MI Native American Affairs Office	(517) 335-7782
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Waiver	(517) 241-7748
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

CHAMPVA	(800) 733-8387
Disabled American Veterans	(989) 473-3416
Michigan Veterans Affairs	(800) 642-4838
Military One Source	(800) 342-9647
https://www.militaryonesource.mil	
Ogemaw Commission on Aging	(989) 345-3010
Ogemaw County Vet Affairs	(989) 345-5170
Paralyzed Veterans of America	(800) 638-6782
Vet2Vet Peer Support Group: First United Meth. – West Branch	(989) 873-6088
Veteran Affairs	(844) 698-2311
Veteran's Administration	(800) 827-1000
Veteran's Crisis Line	(800) 273-8255
Veterans of Foreign War	(833) 839-8387
Veterans Toll Free Number	(800) 642-4838

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.